

PUBLIC HEALTH ALERT:

Apollo (Acute Haemorrhagic Conjunctivitis) Outbreak At the Sefwi Wiawso Municipality of the Western North

The public is advised to be on high alert following an outbreak of **Apollo (Acute Haemorrhagic Conjunctivitis)**, a highly contagious viral eye infection that spreads easily through direct contact with infected eye secretions or contaminated hands, towels, tissues, and other personal items.

Common symptoms include:

- Red or bloodshot eyes
- Excessive tearing or watery discharge
- Eye pain, irritation, or a gritty sensation
- Swollen eyelids
- Sensitivity to light
- Eye discharge that may cause the eyelids to stick together

To protect yourself and others:

- Wash your hands frequently with soap and clean water.
- Avoid touching or rubbing your eyes.
- Do not share towels, handkerchiefs, pillows, cosmetics, or eye drops.
- Stay home from school, work, or crowded places if you develop symptoms to reduce the spread of infection.
- Seek prompt medical attention at the nearest health facility if you experience symptoms.
- Do not self-medicate or use unprescribed eye drops, herbal remedies, or home treatments without professional advice.

The cooperation of everyone is essential in preventing the spread of Apollo. Practicing good personal hygiene and seeking early medical care will help protect your family and community.

Stay informed. Stay safe. Protect your eyes.

Issued By:

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