

PUBLIC ALERT

FDA/CSD/CPE/PAT/26/001

SALE OF “SUKUDAI” AS A “HEART CLEANSER”

Accra: March 13 2026 - The attention of the Food and Drugs Authority (FDA) has been drawn to a viral video circulating on social media. The video claims that a substance known as “**Sukudai,**” which is being sold to the public as a heart-cleaning remedy mainly in the Kumasi Metropolis, can corrode Styrofoam plates (disposable plates made from expanded polystyrene foam).

The FDA cautions the public that Sukudai is NOT registered by the Authority. Besides, laboratory analysis of samples collected in the Kumasi Metropolis has confirmed the presence of chloroform.

What is Chloroform?

Chloroform is a colorless liquid with a pleasant, non-irritating odor and a slightly sweet taste. It was

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used in the past as an anesthetic (substance used to put patients to sleep) during surgery and in pharmaceutical preparations. Chloroform is no longer used as medicine or in the pharmaceutical industry due to its toxicity and serious health effects including cancer.

What are the Dangers of Chloroform Use?

The FDA further cautions that chloroform is dangerous and should not be ingested or inhaled as it can quickly enter the body and cause adverse health effects including: drowsiness and sedation, breathing difficulties, liver damage, kidney damage, loss of consciousness in severe cases, cancer, and even death.

What is the FDA doing?

The FDA is collaborating with stakeholders including National Security, the Ghana Police Service, and the

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media to educate the public against using “Sukudai”, and to arrest and prosecute anyone found distributing or selling this and other unregistered products.

How to Report Concerns

The FDA urges the public to report any persons found selling SUKUDAI through the 'Make a Complaint' section on our website at www.fdaghana.gov.gh, or contact us on any of our social media platforms and hotlines below.

Signed

Chief Executive Officer

Food and Drugs Authority

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